

# WEINSTEIN IMAGING ASSOCIATES – Bone Density Questionnaire

Name (print) \_\_\_\_\_ Date \_\_\_\_\_

Referring MD \_\_\_\_\_ 2nd MD to get report \_\_\_\_\_

1. Your Age: \_\_\_\_\_ Sex:  Female  Male Birth date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Month Day Year

**For women only...**

- A. Have you gone through menopause (change of life)? At what age? \_\_\_\_\_ Yes No  
 B. Have you had a hysterectomy? If YES, at what age? \_\_\_\_\_ Yes No  
 C. Have you had both of your ovaries removed? If YES, at what age? \_\_\_\_\_ Yes No  
 D. If you're still having periods, first day of your last period? \_\_\_\_\_

2. Your tallest height (as a young adult) \_\_\_\_\_ Current height \_\_\_\_\_

3. Has a parent or sibling been diagnosed with osteoporosis or a hip fracture? Yes No  
 Who? \_\_\_\_\_

4. Have you ever broken a bone as an adult? Yes No

Bone broken	Right/Left	Describe circumstances	At what age?

5. Have you ever had surgery of the spine, hips, or wrists Yes No  
 If YES, type of surgery & which side \_\_\_\_\_

6. Do you currently smoke or have you smoked most of your life? Yes No

7. Do you drink 5 or more cups of caffeinated coffee, tea, or pop per day? Yes No

8. Do you drink 3 or more alcoholic beverages a day? Yes No

9. Have you had high calcium levels in your blood due to a parathyroid problem? Yes No

10. Check any of the following medical conditions you have had:

- Insulin-dependent diabetes       Thyroid disorder       Cushing's disease  
 Crohn's disease       Celiac disease (sprue)       Rheumatoid Arthritis

11. Are you currently taking or have you previously taken prednisone pills (steroids)? Yes No  
 If YES, circle:      Currently      Previously      For how long? \_\_\_\_\_

12. Are you currently receiving or have you previously received any of the following medications?

	Yes	No	Medication Name	For how long?
Medication for seizures or epilepsy				
Medication for heartburn or ulcer				
Chemotherapy for cancer				
Medication for prostate cancer				

13. Do you take calcium supplements (incl. Tums)? How much daily? \_\_\_\_\_ Yes No

14. Do you exercise regularly? Type of exercise \_\_\_\_\_ Yes No

15. Have you been treated with any of the following medications?

Medication	Ever?	Currently?	If current, how long?
Hormone replacement (estrogen)			
Rx for osteoporosis (please specify): e.g. Fosamax, Actonel, Reclast, Miacalcin, Boniva, Forteo			
tamoxifen (Nolvadex), raloxifene (Evista)			

16. Have you ever had a bone density test? Yes No  
 If YES, when & where was the last one? \_\_\_\_\_